

WTG Spring 2017 Hike Schedule

SUNDAY APRIL 30, 2 PM.

2 hour birding hike on Lions Lake Trail around the Woolwich Reservoir near Floradale

Join Mark Bauman for birding and hiking. From Elmira, take Arthur St. N. and turn left onto Reid Woods Drive. Enter the conservation area at 7224 Reid Woods Drive and park in the lot near the dam. Trail rating: easy, well maintained trail; includes gravel and earthen sections.

Note: Please contact Mark at mbauman@woolwich.ca or 519 465-8368 to confirm meeting time and location. There is no rain date.

TUESDAY MAY 16, 6:30-8:30 PM.

2 hour Nature Therapy hike at Sandy Hills Pinery Trail

Join a certified Nature Therapy Guide for a walk through the woods at Sandy Hills Pinery and experience some of the benefits of spending time in nature. This guided hike through the trails at Sandy Hills will introduce you to a variety of practices that will help you release stress and rejuvenate! The roots of this program stem from a Japanese practice utilizing gentle, mindful and engaging hiking practices. Please come out and absorb all the benefits the great outdoors has to offer!

Please meet in the parking lot at 390 Sandy Hills Drive. From Elmira, take Arthur St. N to Sandy Hills Drive. Turn right or east onto Sandy Hills Drive and travel 1.5 km to 390.

Spaces are limited for this hike. Please contact Ann at aroberts@woolwich.ca or 519 669-6027 to register.

SATURDAY JUNE 24 , 10:30 AM UNTIL NOON.

Family hike 2 hour hike on Riverland Trail, Breslau

Come celebrate International Trail Month with your family on the Riverland Trail at Breslau. Meet at the Breslau Community Centre, 100 Andover Drive, at 10:15 am until noon.

There will be two groups: The Tortoise group walks at a pace for shorter legs and the Hare group walks at a faster pace and longer distances. Strollers welcome in the Tortoise group.

Note: Please contact Lisa at 519 648-9675 or robnlisa@rogers.com to confirm meeting time and location.

There is no rain date.